

Platt's PACK Promise

We are all members of the PACK!



PACK Promise

When I agree to the PACK Promise, I am promising to commit to a legacy of kindness and respect in my school. I will practice empathy and try to understand and respect people's struggles. I will include all people, and not jump to conclusions about anybody before I know who they are. I will be kind and help those in need, no matter their gender, race, sexual orientation, body shape, or (dis)ability. I will respect others and their preference and wants. I will acknowledge that spreading rumors is painful, and will work to extinguish them. I will persevere in challenges, put my full self into my work, and take pride and confidence in myself and my work. I will own up to mistakes and not tell lies. Taking this oath, I will promise to do my best to follow these morals throughout my years at Platt and into the future.



Pride ~ Accountable ~ Challenge ~ Kind



Goodness is about character - integrity, honesty, kindness, generosity, moral courage, and the like. More than anything else, it is about how we treat other people.

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Class, race, sexuality, gender and all other categories by which we categorize and dismiss each other need to be excavated from the inside.

You are imperfect, permanently and inevitably flawed. And you are beautiful.

— Amy Bloom

I will be kind and help those in need, no matter their gender, race, sexual orientation, body shape, or (dis) ability.

DISCRIMINATION



ABLEISM

Treating non-disabled people as the standard, therefore excluding the disabled



CLASSISM

Discrimination based on class often involving class superiority

"I know my place..."

RACISM

Discrimination based on race often involving race superiority



AGEISM

Stereotyping of people based on age



CASTE

According to UNICEF, caste discrimination is prevalent in India, Sri Lanka, Bangladesh, Nepal and Japan. They estimate it affects 250 million people.



SEXISM

The belief or attitude that one gender/sex is inferior, less competent or less valuable than others.

MEN ARE BETTER THAN WOMEN

SEXUALISM

Treating heterosexuality as standard, therefore excluding



SIZEISM

Discrimination based on body shape, such as disdain toward overweight or underweight people or treating 'normal weight' as the standard

CISSEXISM

The belief that transsexuals' identified genders are inferior to, or less authentic than cisgender people (when physical and subconscious genders are the same)



!CHECK YOUR PRIVILEGE!

i-am-the-lighthouse.tumblr.com

No act of kindness is ever
wasted,
no matter how small. --Aesop

Acts of Kindness

I will practice empathy
and try to understand
and respect people's
struggles.



EVERYONE YOU MEET
IS FIGHTING A BATTLE
U KNOW NOTHING ABOUT
BE KIND. ALWAYS.

Behappy.me

Men are often biased in their judgment on account of their sympathy and their interests. Abraham Lincoln.

Indifference and neglect often do much more damage than outright dislike.

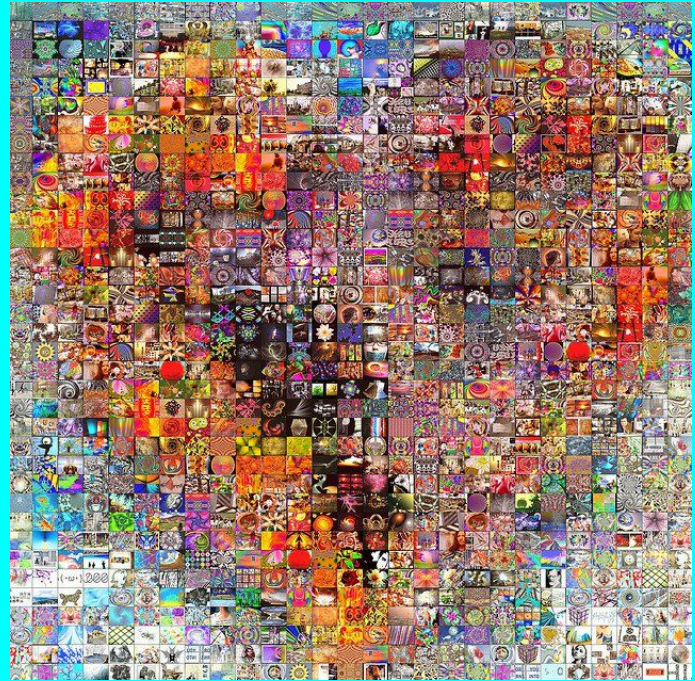
— J.K. Rowling, Harry Potter and the Order of the Phoenix

I will include all people, and not jump to conclusions about anybody before I know who they are.

I'm Me- Video

*Let yourself be
silently drawn by the
strange pull of what
you really love. It will
not lead you astray.*

— Rumi



**I will respect others and their preferences and
wants.**

Believe in yourself, take on your challenges, dig deep within yourself to conquer fears. Never let anyone bring you down. You got to keep going.

--Chantal Sutherland

"You yourself, as much as anybody in the entire universe, deserve your love and affection" – Gautama Buddha

Youtube perseverance

This is my fight song

I will persevere in challenges, put my full self into my work, and take pride and confidence in myself and my work.

When you love and accept yourself, when you know who really cares about you, and when you learn from your mistakes, then you stop caring about what people who don't know you think. --Beyonce

Knowles

"Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands." – Anne Frank

I will own up to my mistakes and not tell lies.



Promise, is a big word.
It either makes something,
or it breaks everything.

*It is our choices, Harry,
that show what we truly are,
far more than our abilities.*

– J.K. Rowling, Harry Potter and the Chamber of Secrets

What happens if you don't keep a promise

**Taking this oath, I will promise to do my best
to follow these morals throughout my years
at Platt and into the future.**

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